

KK ATHLETICS

INDOOR SPORTS

Individual & Small Group Training

Farmingville & Brentwood

With less distractions, a superior work rate, no down time and a demanding environment. Field players and Goalkeepers will find themselves improving and benefiting from the special attention and time given to them. Improving what is done well and focusing on what needs to be improved on is just the start.

IMPROVE

- Skills and technique.
- Fitness, endurance and strength.
- Focus and perseverance.
- Individual and group tactics.
- Confidence and decision making

ADVANTAGES

- Professional and experienced staff.
- Same day and time for 10 sessions.
- Weather is not a factor.
- Progressive training for consistency.
- Less down time = better work rate.

<i>TRAINING</i>	<i>DAYS</i>	<i>COST per session</i>	<i>SESSION</i>	<i>TIME</i>
1 Player	Mon– Sun	\$65.00	1 Hour	Mon-Fri. 3pm-7pm
2 Players	Mon– Sun	\$70.00	1 Hour	
3 Players	Mon– Sun	\$80.00	1 Hour	Sat-Sun 9am - 1pm
4 Players	Mon– Sun	\$90.00	1 Hour	

KKATHLETICS.COM

TIME _____ FARMINGVILLE _____ BRENTWOOD _____

Players Name: _____ Age: _____

Club/Team: _____ Division: _____

Parent/Guardian: _____

(This person is responsible for full payment, waivers, misc. paper work, etc.)

Address: _____

City: _____ Zip: _____

Phone: Work _____ Home _____

E-mail Address: _____

Coach _____ Home Phone: _____



I certify that the above information is correct and that my son or daughter is fully capable to participate in all activities during the training sessions at KK ATHLETICS. In case of emergency, I give full responsibility to all coaches and counselors to give any medical treatment necessary. I take full responsibility for any accident or injuries that may occur during the training at KK ATHLETICS. I'm fully aware that all coaches and counselors are free from any liabilities.
Parent/Guardian

Call KK Athletics for session availability.

Tel: (631) 736-2511

Fax: (631) 736-7955